

Case Management



Case Management & Continuum of Care and Family Consultation:

- **Who can benefit:** Families that are ready to rebuild relationships and invest in developing new family agreements (new rules of engagement and operation). Such as;
- Mostly, when loved ones accept treatment either in-patient, outpatient and /or community based treatment centers, families are so excited that their focus is on their loved one making changes.
- It is the family that needs to make personal changes too by gaining support and direction from a family consultant.
- If the family does not learn a new language on how to communicate with their loved one, the family member will sabotage and interrupt their loved one's treatment.

Case Management Skills:

Interventions and Case Management Skills – Many of the skills taken from the “Johnson Model” and “Family Systemic Model” of intervention are the foundation of **intervention and case management continuum of care** for families and patients. During and after treatment it is vitally important for families to build a solid foundation of resources for long term recovery outcomes.

- The goal of this approach is to develop a continuum of care that helps the whole family system remain accountable and that no one person in the family system needs to be alone during nor after the process of accepting professional help.
- This helps families to deal with not only the IP's addictive behaviors or complex mental health diagnosis also, it creates family awareness of their own behaviors and destructive patterns. It starts the process of making the changes within the family system, before the IP leaves primary treatment.

Creating healthy community resources for clients & their families that are struggling with addictions, mental health or complex trauma , Gaining a clear understanding of the destructive behaviors and patterns has been proven to have a higher percentage of persons and their families have long term success.

- developing healthy attachments
- changing the thinking process of harm and self-destructive behaviors
- learning better coping skills
- healthier relationships
- productive at work or in school
- becoming responsible and accountable to a professional
- creating treatment plans for the entire family